



US MARTIAL ARTS GRAND NATIONAL ASSOC.

Open Martial Arts Tournament Competitions

■ Japanese & Okinawan ■ Korean ■ Chinese ■ Open ■ Creative

TOURNAMENT COMPETITION RULES & REGULATIONS

Disciplines

OPEN STYLE: A style/system of martial arts training not regulated by a sanctioning organization.

JAPANESE/OKINAWAN STYLE: A Japanese and/or Okinawan style/system of martial arts training regulated by a sanctioning organization.

KOREAN STYLE: A Korean style/system of martial arts training regulated by a sanctioning organization.

CHINESE STYLE: A Chinese style/system of martial arts training regulated by a sanctioning organization.

CREATIVE STYLE: A style/system of martial arts training created by the performer.

Weapon & Empty-Hand Form (Kata)

Weapon form (Kata): The event where competitors perform (**with weapons**) a pre-arranged series of blocking and striking techniques simulating a self-defense situation against 2 or more imaginary opponents.

Empty-Hand Form (Kata): The event where competitors perform (**without weapons**) a pre-arranged series of blocking and striking techniques simulating a self-defense situation against 2 or more imaginary opponents.

Separate Adult Black Belt Divisions

- If there are enough adult black belts in attendance representing each of the of martial arts disciplines (Japanese/Okinawan, Korean, Chinese, Open, and Creative), those representatives will officiate the weapon & empty-hand form (kata) competition for those disciplines.
- Each discipline will be divided into 2 separate age groups. The 1st, 2nd, & 3rd place winners of each age group will receive Gold, Silver, and Bronze medals.

See Adult Black Belt “Kata Grand Champion” and “SUPER Grand Champion Kata” contest & awards below

Competitor Dress Code: Martial Arts Uniform (clean & untorn)

Ring Officials & Staff (Per Ring)

1 Center Referee & 2 Side Judges: For Kyu (Under Black Belts) and Junior Black Belts

1 Center Referee & 4 Side Judges: For Black Belts 18 years old & Up

1 Scorekeeper & 1 Timekeeper: For All Rings

Ring Coordinator(s)

Will be the person(s) who stages the competitors (check entry forms) and escort competitors to the rings when their divisions are called.

Scoring Procedures:

- A panel of 3 Judges will be used to officiate Youth & **Under Black Belt** Weapon & Empty-Hand Form/Kata Competitions. Each of the Judges will use scores beginning with a high of **8.99** to a low of **8.90**. The 3 scores will be added together to determine the competitor’s score. If there is a **Tie**, the competitors who are tied will be required to perform the same or a different Weapon or Empty-Hand Kata and the winner will be confirmed by a show of hands.
- A panel of 5 Judges will used to officiate **Adult Black Belt** Weapon & Empty-Hand Form/Kata Competitions. Each judge will use a scores beginning with a high of **9.99** to a low of **9.90**. The lowest and highest scores will be dropped, and the remaining 3 scores will be added together to determine the competitor’s score. If there is still a **Tie**, a) the highest scores will be put back in and added. If there is still a **Tie**, b) lowest scores will be put back in and added. If there is still a **Tie**, the competitors who are tied will be required to perform the same or a different Weapon or Empty-Hand Kata and the winner will be confirmed by a show of hands.

Under Black Belt & Junior Black Belt Weapon & Empty-Hand Kata Division Winners

1st, 2nd, & 3rd place winners (in all under black belt & junior black belt divisions) will receive Gold, Silver, Bronze medals.

Event

WEAPON FORM/KATA DIVISIONS

■ Adult Black Belt

Japanese/Okinawan Styles

- 1 18 - 35 yr old Women (Blk Blt)
- 2 18 - 35 yr old Men (Blk Blt)
- 3 36 yr old & Up Women (Blk Blt)
- 4 36 yr old & Up Men (Blk Blt)

Chinese Styles

- 9 18 - 35 yr old Women (Blk Blt)
- 10 18 - 35 yr old Men (Blk Blt)
- 11 36 yr old & Up Women (Blk Blt)
- 12 36 yr old & Up Men (Blk Blt)

Creative Styles

- 17 18 - 35 yr old Women (Blk Blt)
- 18 18 - 35 yr old Men (Blk Blt)
- 19 36 yr old & Up Women (Blk Blt)
- 20 36 yr old & Up Men (Blk Blt)

Korean Styles

- 5 18 - 35 yr old Women (Blk Blt)
- 6 18 - 35 yr old Men (Blk Blt)
- 7 36 yr old & Up Women (Blk Blt)
- 8 36 yr old & Up Men (Blk Blt)

Open Styles

- 13 18 - 35 yr old Women (Blk Blt)
- 14 18 - 35 yr old Men (Blk Blt)
- 15 36 yr old & Up Women (Blk Blt)
- 16 36 yr old & Up Men (Blk Blt)

■ Adult, Junior & Youth Black Belt & Under Black Belt

RANK LEVEL SPECIFICATIONS

NOVICE: (White, Yellow, Orange & 6th Gup/Kyu Green Belts) **ADVANCED:** (Red, Purple, & Brown)

INTERMEDIATE: (Blue & Green Belts) **BLACK BELTS:** (Black Belts)

NOTE: Red Belt in some systems are considered NOVICE Ranks

Some of the following divisions may be subdivided in order to avoid forming divisions consisting of more than 15 competitors per division. Each division must consist of at least 2 competitors in order to run. Some competitors may be moved to a higher age group and/or rank level.

All Styles/Systems

- | | | |
|--|-------------------------------------|-------------------------------------|
| 21 6 yr old & Under Boys & Girls (all ranks) | 29 11 - 12 yr old Boys (Blk Blt) | 37 18 - 35 yr old Women (Adv) |
| 22 7 - 8 yr old Boys & Girls (Nov) | 30 13 - 17 yr old Girls (Nov & Int) | 38 18 - 35 yr old Men (Nov & Int) |
| 23 7 - 8 yr old Boys & Girls (Int & Adv) | 31 13 - 17 yr old Girls (Adv) | 39 18 - 35 yr old Men (Adv) |
| 24 9 - 10 yr old Boy & Girls (Nov) | 32 13 - 17 yr old Boys (Nov & Int) | 40 36 yr old & Up Women (Nov) |
| 25 9 - 10 yr old Boys & Girls (Int & Adv) | 33 13 - 17 yr old Boys (Adv) | 41 36 yr old & Up Women (Int & Adv) |
| 26 11 - 12 yr old Boys & Girls (Nov & Int) | 34 13 - 17 yr old Girls (Blk Blt) | 42 36 yr old & Up Men (Nov) |
| 27 11 - 12 yr old Boys & Girls (Adv) | 35 13 - 17 yr old Boys (Blk Blt) | 43 36 yr old & Up Men (Int & Adv) |
| 28 11 - 12 yr old Girls (Blk Blt) | 36 18 - 35 yr old Women (Nov & Int) | |

Event

EMPTY-HAND FORM/KATA DIVISIONS

■ Adult Black Belt

Japanese/Okinawan Styles

- 44 18 - 35 yr old Women (Blk Blt)
- 45 18 - 35 yr old Men (Blk Blt)
- 46 36 yr old & Up Women (Blk Blt)
- 47 36 yr old & Up Men (Blk Blt)

Chinese Styles

- 52 18 - 35 yr old Women (Blk Blt)
- 53 18 - 35 yr old Men (Blk Blt)
- 54 36 yr old & Up Women (Blk Blt)
- 55 36 yr old & Up Men (Blk Blt)

Creative Styles

- 60 18 - 35 yr old Women (Blk Blt)
- 61 18 - 35 yr old Men (Blk Blt)
- 62 36 yr old & Up Women (Blk Blt)
- 63 36 yr old & Up Men (Blk Blt)

Korean Styles

- 48 18 - 35 yr old Women (Blk Blt)
- 49 18 - 35 yr old Men (Blk Blt)
- 50 36 yr old & Up Women (Blk Blt)
- 51 36 yr old & Up Men (Blk Blt)

Open Styles

- 56 18 - 35 yr old Women (Blk Blt)
- 57 18 - 35 yr old Men (Blk Blt)
- 58 36 yr old & Up Women (Blk Blt)
- 59 36 yr old & Up Men (Blk Blt)

Adult Black Belt GRAND Champion (Weapon/Empty-Hand) Form/Kata

The contest will be between the 1st place winners of the separate groups within each discipline. The grand champion winners of each discipline will receive a 3½ ft tall four column trophy PLUS \$200.

Adult Black Belt SUPER GRAND Champion (Weapon/Empty-Hand) Form/Kata

The contest will be between the grand champion winner of the other disciplines. The Super Grand Champion winner will receive a 4½ ft tall four column trophy PLUS \$500.

■ Adult, Junior & Youth Black Belt & Under Black Belt

All Styles/Systems

64	6 yr old & Under Boys & Girls (all ranks)	73	11 - 12 yr old Girls (Blk Blt)	81	18 - 35 yr old Women (Nov & Int)
65	7 - 8 yr old Boys & Girls (Nov)	74	11 - 12 yr old Boys (Blk Blt)	82	18 - 35 yr old Women (Adv)
66	7 - 8 yr old Boys & Girls (Int & Adv)	75	13 - 17 yr old Girls (Nov & Int)	83	18 - 35 yr old Men (Nov & Int)
67	9 - 10 yr old Boy & Girls (Nov)	76	13 - 17 yr old Girls (Adv)	84	18 - 35 yr old Men (Adv)
68	9 - 10 yr old Boys & Girls (Int & Adv)	77	13 - 17 yr old Boys (Nov & Int)	85	36 yr old & Up Women (Nov)
69	11 - 12 yr old Girls (Nov & Int)	78	13 - 17 yr old Boys (Adv)	86	36 yr old & Up Women (Int & Adv)
70	11 - 12 yr old Girls (Adv)	79	13 - 17 yr old Girls (Blk Blt)	87	36 y old & Up Men (Nov)
71	11 - 12 yr old Boys (Nov & Int)	80	13 - 17 yr old Boys (Blk Blt)	88	36 y old & Up Men (Int & Adv)
72	11- 12 yr old Boys (Adv)				

Kumite Competition Rules & Regulations

Kumite matches will be the event where competitors will be required to use kicking and punching techniques to score points against their opponents.

Ring Coordinator(s)

Will be the person(s) who stages the competitors (check entry forms) and escort competitors to the rings when their divisions are called.

Ring Officials/Staff (Per Ring)

1 Center Referee & 2 Side Judges: Kyu (Under Black Belts) and Junior Black Belts:.

1 Center Referee & 2 Side Judges: Black Belts 18 years old & Up:

1 Scorekeeper & 1 Timekeeper: All Rings:

Competitor Dress Code: Martial Arts Uniform (clean and untorn)

Mandatory Safety Equipment Requirements (sparring gear)

a. Mouth Guard b. Hand & Foot Gear (foam rubber) c. Head Gear d. Cup

Sparring Divisions/Groups

See division line up below

Sparring Matches (time limit)

Sparring matches will be 2 minutes in duration.

Points Scoring

1 point will be awarded for Punching and Kicking techniques.

Single Elimination Matches

Every time a competitor wins his/her match, that competitor will advance to the next round and wait for his/her next match. This procedure will continue until there are only 3 or 4 competitors left in that division. The last 3 competitors in the division will compete for 1st, 2nd, and 3rd place.

Legal Scoring Techniques

To score points, the competitors will be required to use Kicking & Punching techniques Only. (See Point Scoring below)

Illegal Techniques

The competitor's opponent will receive 1 Point every time a competitor uses any of the following techniques.

a. Spinning Backfist c. Strikes to the neck e. Elbows g. Takedowns i. Pushing k. Striking opponent when
b. Head Butt d. Knee Strike f. Throws h. Holding j. Leg sweeps he/she is down.

Legal Contact Areas

Competitors will be allowed to make Light Control Contact to the following Target Areas with Punching and Kicking techniques Only.

a. Side of opponent's Head
b. Front of opponent's body (from the waistline up).

Illegal Contact Areas

- a. Back of Opponent's head
- b. Opponent's Groin
- c. Opponent's Neck
- d. Opponent's Back & Spine
- e. Opponent's Legs

Excessive Contact

Excessive Contact will be when a striking technique results in;

- a. Immediate bleeding or swelling to the opponent's face (mask area). In this case, the opponent who made the contact will be disqualified.
- b. If the competitor who was injured is unable to continue competing, he/she will be declared the winner of the match, but only if the match was for 1st & 2nd place, otherwise the injured competitor will be required to forfeit the match, and the two competitors in the next bracket will compete.

Match Winners

12 years old & Under Competitors: The winner of the match will be the competitor who scores 3 points first, or the competitor who has the most points at the end of the 2-Minute time limit. **In case of a Tie**, the match will go to overtime and the competitor who score first will be the winner. **In case of a Tie**, the match will go to overtime and the competitor who score first will be the winner.

Under Black Belt & Junior Black Belt Competitors 13 years old & up: The winner of the match will be the competitor who scores 5 points first, or the competitors who has the most points at the end of the 2-minute time limit. **In case of a Tie**, the match will go to overtime and the competitor who score first will be the winner.

Adult Black Belts Competitors 18 years old & Up: The winner will be the competitors who, **a)** scores 8 points first, or **b)** has the most points at the end of the 2-minute time limit. **In case of a Tie**, the match will go to overtime and the competitor who score first will be the winner.

Out of Bound Rules

No penalty will be issued to a competitor for going out of bounds the first time. 1 point will be award to the opponent every time a competitor steps out of bound thereafter. The competitor who has both foot in bounds can score on his/her opponent if the opponent still has 1 foot in the ring, and if the center referee did not call break first.

Infraction Rule

The Opponent will be awarded 1 Point every time a competitor commits one of the following infractions:

- Stepping out of bounds.
- Striking opponent with an illegal technique.
- Striking opponent to an illegal target area.

Time Outs

The referee will call "Break" or "Time Out"

- a. To verify and award a point to the competitor who scored. A point will be awarded only if a majority of the official confirms the point – then the center referee will restart the match.
- b. To give a competitor a moment to fix his/her equipment.
- c. To allow the competitor to step back into the ring.
- d. When a competitor scores the number of points required to win the match, or when the 2-minute time limit expires.

Automatic Disqualification

Unsportsmanlike conduct of any kind toward the referee, opponents, staff member, guests, spectators, fans, etc.

If the competitor is not at ringside and ready to compete when his/her name is called a third time. The competitor's opponent will be declared the winner of the match.

KUMITE DIVISIONS

Adult, Junior & Youth Black Belt & Under Black Belt

RANK LEVEL SPECIFICATIONS

NOVICE (White, Yellow, Orange & 6th Gup/Kyu Green Belts) **ADVANCED** (Red, Purple, & Brown)

INTERMEDIATE (Blue & Green Belts) **BLACK BELTS** (Black Belts)

NOTE: Red Belts in some systems are considered NOVICE Ranks

Some of the following divisions may be subdivided in order to avoid forming divisions consisting of more than 15 competitors per division. Each division must consist of at least 2 competitors in order for it to run. Some competitors may be moved to a higher age group and/or rank level.

All Style/Systems

89	6 yr old & Un Boys & Girls (all ranks) Tall	102	13 – 14 yr old Girls (Int & Adv)	114	18 – 25 yr old Women (Nov)
90	6 yr old & Un Boys & Girls (all ranks) Tall	103	13 – 14 yr old Girls (Blk Blt)	115	18 – 25 yr old Women (Int)
91	7 – 8 yr old Boys & Girls (Nov)	104	13 – 14 yr old Boys (Nov)	116	18 – 25 yr old Women (Adv)
92	7 – 8 yr old Boys & Girls (Int & Adv)	105	13 – 14 yr old Boys (Int & Adv)	117	26 yr & Up Women (Nov)
93	9 – 10 yr old Boys & Girls (Nov)	106	13 – 14 yr old Boys (Blk Blt)	118	26 yr & Up Women (Int & Adv)
94	9 – 10 yr old Boys & Girls (Int & Adv)	107	15 – 17 yr old Girls (Nov)	119	18 – 25 yr old Men (Nov)
95	11 – 12 yr old Girls (Nov)	108	15 – 17 yr old Girls (Int & Adv)	120	18 – 25 yr old Men (Int)
96	11 – 12 yr old Girls (Int & Adv)	109	15 – 17 yr old Boys (Nov)	121	18 – 25 yr old Men (Adv)
97	11 – 12 yr old Boys (Nov)	110	15 – 17 yr old Boys (Int & Adv)	122	26 – 35 yr old Men (Nov)
98	11 – 12 yr old Boys (Int & Adv)	111	15 – 17 yr old Girls (Blk Blt)	123	26 – 35 yr old Men (Int & Adv)
99	11 – 12 yr old Girls (Blk Blt)	112	15 – 17 yr old Boys (Blk Blt) Lw	124	36 yr old & Up Men (Nov)
100	11 – 12 yr old Boys (Blk Blt)	113	15 – 17 yr old Boys (Blk Blt) Hw	125	36 yr old & Up Men (Int & Adv)
102	13 – 14 yr old Girls (Nov)				

Adult Black Belts

All Style/Systems

126	18 – 25 yr old Women (Blk Blt) Lw	129	18 – 25 yr old Men (Blk Blt) Lw	132	26 – 35 yr old Men Blk Blt () Lw
127	18 – 25 yr old Women (Blk Blt) Hw	130	18 – 25 yr old Men (Blk Blt) Mw	133	26 – 35 yr old Men (Blk Blt) Mw & Hw
128	26 yr old & Up Women (Blk Blt) L, M, H	131	18 – 25 yr old Men (Blk Blt) Hw	134	36 yr old & Up Men (Blk Blt) Lw, Mw, Hw

Adult Black Belt MEN & WOMEN Kumite GRAND CHAMPION Competition

Black Belt men & women Kumite Grand Champion matches will be between the weight classes

Sparring Mates (time limit)

Matches will be 2 minutes in durations

Points Scoring

1 Point for Punches from the waistline to the head, and **1 Point** for Kicks to the body (waist – chest area)

2 Points for Kicks to the Head.

Points Confirmations: Center Referees & Corner Judges will confirm which competitor scored by pointing at the competitor who scored, and by holding up 1 or 2 fingers to indicate the number of points to award.

Note: Points will be awarded based on a Majority Rule. **Scenario:** If one official holds up 2 fingers for a kick to the head, another official holds up 1 finger for a kick to the body, or a punch to head or body, and the third official did not see a kick or punch, the competitor will receive 1 Point.

Match Winners

The winner of the match will be the competitor who, **a)** scores 10 Points first, or **c)** has the most points at the end of the 2-Minute Time Limit.

In case of a Tie, the match will go to Over-Time, and the winner will be the competitor who score 2 Points first.

(For more Rules information, see “Kumite Competition Rules” outlined above)

Adult Black Belt Kumite Grand Champion Awards

The winner of the Adult Black Belt Men & Women Kumite Grand Champion matches will receive a beautiful 4½ ft tall four column trophy PLUS \$500 ea.

Under Black Belts & Junior Black Belt Grand Champions

Under black belt and junior black belt competitors who place 1st in 3 Events (Weapon Kata, Empty-Hand Kata, & Kumite) will receive a beautiful 4½ ft tall four column trophy.



ARNOLD SPORTS FESTIVAL
OPEN MARTIAL ARTS TOURNAMENT
CHAMPIONSHIP



Saturday March 2, 2024 – Columbus, OH

VONOVICH BUILDING

Ohio State Fairgrounds – 717 E. 17th Ave, Columbus, OH 43211

“ONLINE REGISTRATION ONLY”

Early Bird Pre-Registration Special: **\$70.00** (3 Events)

INCLUDES a **Free** tournament T-Shirt (Competitor Only)

Spectators:

Offer Expires January 6, 2023

Pre-Registration: **\$75.00** (1 & 2 Events)

\$85.00 (3 Events)

Pre-registrations Ends February 17, 2024

No Registrations at the Door on the day of the tournament

Due to the large number of competitors we are expecting, this tournament

Will Begin at (9:00am **SHARP!!**)

Thousands of \$\$\$ in AWARDS & COMPENSTIONS

■ Competitors ■ Center Referees ■ Judges ■ Scorekeeper ■ Timekeeper

MEN Black Belt Weapon & Empty-Hand Kata

GRAND CHAMPION

Winner of Japanese/Okinawan Styles \$ 200

Winner of Korean Styles \$ 200

Winner of Chinese Styles \$ 200

Winner of Open Styles \$ 200

Winner of Creative Styles \$ 200

WOMEN Black Belt Weapon & Empty-Hand Kata

GRAND CHAMPION

Winner of Japanese/Okinawan Styles \$ 200

Winner of Korean Styles \$ 200

Winner of Chinese Styles \$ 200

Winner of Open Styles \$ 200

Winner of Creative Styles \$ 200

MEN Black Belt Weapon & Empty-Hand Kata

SUPER GRAND CHAMPION

Winner of Combined Styles \$ 500

WOMEN Black Belt Weapon & Emplty-Hand Kata

SUPER GRAND CHAMPION

Winner of Combined Styles

\$ 500

MEN Black Belt Kumite

GRAND CHAMPION

Winner of Combined Weight Classes

\$ 500

CENTER REFEREES (\$200 ea) x 8

Free General Admission (Free hotel accommodation will be provided for some Center Referee)

JUDGES

\$50 Refund to all Adult Black Judges who compete in the tournament, PLUS \$2.00 per division you officiate.

Please Note: Judges & Referees who wish to receive Refunds must sign-up online at least 5 days before the date of the tournament.

INSTRUCTORS who bring 20 or more students (**\$200**)

SCOREKEEPER & TIMEKEEPERS

(Free General Admissions + Parking Fee Refund)

NOTE: Anyone who is interested in signing up to be a...

✓ **Center Referee** ✓ **Judge** ✓ **Scorekeeper** ✓ **Timekeeper** [click here.](#)